

 <p>The Union of Welsh Independents</p>	 <p>Undeb Bedyddwyr Cymru The Baptist Union of Wales</p>	 <p>The Presbyterian Church of Wales</p>
 <h2>Creating a SAFER CHURCH for all</h2>		
 <p>Panel Diogelu Cydenwadol Interdenominational Safeguarding Panel</p>		

SAFEGUARDING TRAINING
Level 1

1/2026

Learning objectives

By the end of this session, you should know more about ...

-  Your church safeguarding policy and guidelines
-  Where to find more information and support
-  Safer recruitment and good practice principles
-  The signs and indicators of abuse and neglect
-  How to respond to concerns

Look after yourself


- Images or memories that upset you
- Take a break
- Advice and support
<https://panel.cymru/en/advice-and-support>

The Interdenominational Safeguarding Panel and your church...

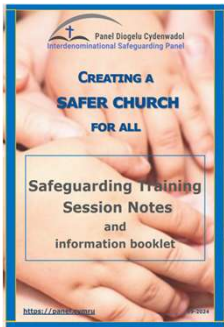
Who are we?

The Panel was formed by the
THE PRESBYTERIAN CHURCH OF WALES,
THE UNION OF WELSH INDEPENDENTS,
THE BAPTIST UNION OF WALES to:

- Provide safeguarding support and advice – including policy, guidelines and safeguarding training
- Facilitate DBS checks for the three denominations
- Julie - the Panel Safeguarding Officer, is the Safeguarding lead officer for the three denominations and should be informed of all safeguarding matters.



Panel Diogelu Cydenwadol
Interdenominational Safeguarding Panel



What does a SAFER CHURCH look like?



What does a SAFER CHURCH look like?

5 Key Safeguarding Principles



Appendix 7 CHARITY TRUSTEES

Share information about trustee safeguarding responsibilities.

Clear guidance on how to comply with safeguarding policy and Charity Commission expectations.

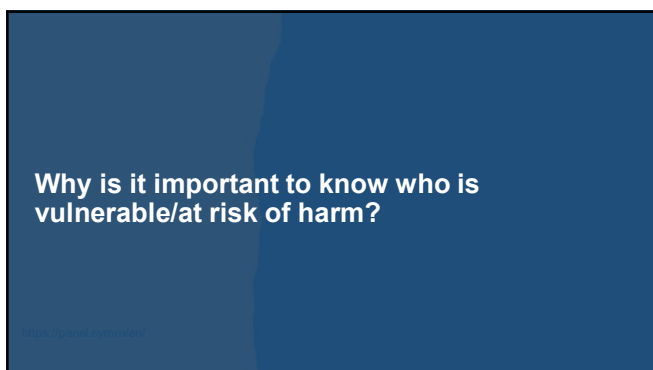
<https://panel.cymru/en/safeguarding-vulnerable>

Safeguarding is...

PROTECTING vulnerable people from abuse, neglect and harm.

RECOGNISING the signs and symptoms of abuse and **RESPONDING** appropriately.

It is **PREVENTATIVE** as well as **PROTECTIVE** and involves **PROVIDING SAFE ACTIVITIES** and **APPROPRIATE CARE**.



Social Services and Wellbeing Act 2014

- Safeguarding is **PREVENTATIVE** as well as **PROTECTIVE**.
- There is no requirement for abuse or neglect to have occurred before deciding to take action.
- YOU NEED TO CONSIDER WHO MAY BE AT RISK AND ACT TO KEEP THEM SAFE.**



What makes someone more VULNERABLE or AT RISK?

- Lack of capacity and understanding
- Poor organisational practices
- Communication difficulties /no verbal communication
- Low level of self-esteem / self-worth
- "Institutionalised" or a looked after child
- Domestic violence
- Carers who misuse drugs/alcohol
- Carers with mental health problems
- Disability
- Isolated family or individual



A Child at risk

is a child who:

- is experiencing or is at risk of abuse, neglect or other kinds of harm
- and
- has care and support needs (whether or not the local authority is meeting those needs)



Social Services and Social and Well-being Act (Wales) 2014 Section 26(1)

An Adult at risk

is someone (18 years or over) who:

- is experiencing, or is at risk of abuse or neglect
- and
- has care and support needs (whether or not the local authority is meeting any of those needs)
- and
- as a result of those needs is unable to protect themselves against abuse or neglect or the risk of it



How would you define VULNERABLE?

UNABLE TO PROTECT THEMSELVES

What is our Framework?

Our policy and procedures


Welsh / UK legislation and procedures

Social Services and Wellbeing (Wales) Act 2014

Wales Safeguarding Procedures 2020


Other legislation e.g.:

- Children Act 1989 and 2004,
- UNCRC 1989 1989
- Human rights Act 1998
- Protection of Freedoms Act 2012
- Safeguarding Vulnerable Groups Act 2006
- The Rehabilitation of Offenders Act 1974
- Data Protection Act 2018 & GDPR UK

Union of Welsh Independents, Baptist Union of Wales & the Presbyterian Church of Wales

Safeguarding Vulnerable Groups Handbook



A practical guide to the churches' policy and practice when working with children and young people, and vulnerable adults

Panel Diogelu Cyfnewidiol Interdenominational Safeguarding Panel

Our policy and procedures:

PROTECTING

- Understanding the signs and symptoms
- Know how to respond
- Know where to turn for support


PROVIDING SAFE ACTIVITIES & PREVENTING HARM

- Working in line with best practice with vulnerable groups
- Safer recruitment and selection practices

Union of Welsh Independents, Baptist Union of Wales & the Presbyterian Church of Wales

In the Handbook...

1. Introduction
2. Safer Recruitment and Selection
3. Children and Young People
4. Vulnerable Adults
5. Pastoral Care
6. Appendices
7. Forms



A practical guide to the churches' policy and practice when working with children and young people, and vulnerable adults

Panel Diogelu Cyfnewidiol Interdenominational Safeguarding Panel

Our Safeguarding Policy Statement

The church will care for and safeguard children, young people and vulnerable adults by following good practice in relation to the following:

1. Responding appropriately to concerns and allegations
2. Safer recruitment of workers and volunteers
3. Train and support their workers and volunteers in their role and in protecting vulnerable groups
4. Promoting good working practices and creating a safe environment

page 9

Our Safeguarding Policy Statement

As leaders and trustees of ... we are fully committed to safeguarding the welfare of our members and those entrusted to our care. The safeguarding policy statement along with the guidelines and procedures outlined in the following handbook is our commitment to the protection of our members and those entrusted to our care.

We acknowledge that children, young people and adults can be the victims of abuse and neglect and we are committed to ensuring that all those who work with them are trained and equipped to respond appropriately. We aim to provide a safe environment and to respond quickly and effectively to any concerns. Members of the church, past and present, will always report to others, protect the welfare of children and vulnerable people and ensure that the church is a safe place for all.

The church will care for children, young people and vulnerable adults and safeguard them by following good practice in relation to the following:

- Responding appropriately to concerns and allegations (Handbook Section 1)
- Safer recruitment of workers and volunteers (Handbook Section 2)
- Training and support for workers and volunteers (Handbook Section 3)
- Promoting good working practices (Handbook Section 4)

Our responsibility

We acknowledge that safeguarding is everyone's responsibility and we should report any concerns directly to the interdenominational safeguarding panel or our local safeguarding officer. We should also report any concerns to our local safeguarding officer or our local safeguarding officer. We should also report any concerns to our local safeguarding officer or our local safeguarding officer.

OUR SAFEGUARDING CONTACT POINTS

We have contacted the following as our local safeguarding contacts:

SAFEGUARDING COORDINATOR:

Name: _____ Contact details: _____

SAFEGUARDING DEACON (ELDER, TRUSTEE):

Name: _____ Contact details: _____

Panel

Interdenominational safeguarding officer: (interdenominational safeguarding panel) 01745 817584

Local church: _____

Local Church Safeguarding Policy Statement

new

- This is in line with best practice and helps you to meet charity commission and insurance company requirements
- new format - to help you to raise awareness and promote safeguarding locally.
- contains description of safeguarding roles and responsibilities in the panel and local church.
- Available in the 2022 handbook section 1 and online <https://panel.cymru/en/policies-and-information>

Home REPORT A CONCERN emergency contact numbers

Menu

Search:

About Us

Advice and Support

Safeguarding Handbook

Policies

Training

Safer Recruitment

DBS (Disclosure & Barring Service)

Local Church Safeguarding Coordinator

Sentences

Forms

Safeguarding Sunday

News

Useful Links

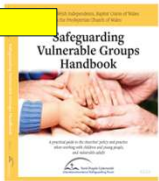
On-line safety

Data Protection and GDPR

Safeguarding Vulnerable Groups Handbook

The **Safeguarding Vulnerable Groups Handbook** forms the safeguarding policy and procedures for churches from the Union of Welsh Independents, Baptist Union of Wales and the Presbyterian Church of Wales. It includes good practice guidelines on working with children and vulnerable adults and outlines what to do if you have a concern about an individual or situation.

to view or download a copy of the complete 2022 handbook please click the picture or this link - [Safeguarding Vulnerable Groups Handbook](#)



Safeguarding Vulnerable Groups Handbook

Also available on our website <https://panel.cymru>

or follow the links below to go directly to the individual sections:

Section 1 including Our statement of intent and the individual church policy statement (NEW SECTION)

Section 2 Safer recruitment and selection procedures (including DBS check information and flowchart) (NEW SECTION)

Section 3 Working with Children and Young People and how to respond to concerns (DISCONTINUED)

Our Safeguarding Policy Statement

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Name: _____ Contact details: _____

SAFEGUARDING DEACON (ELDER, TRUSTEE):

Name: _____ Contact details: _____

Panel

Interdenominational safeguarding officer: (interdenominational safeguarding panel) 01745 817584

Local church: _____

Notices

SAFEGUARDING in this Church

...we take it seriously

If you have concerns about a child or vulnerable adult or need safeguarding help, information or advice

Panel Diogelwch Cydymwadol
Interdenominational Safeguarding Panel
01745 817584 / 07957 510346
post@panel.cymru

Out of office hours (and weekends)
call the thirtyone eight helpline
0303 003 1111 **thirtyone eight**

Visit the Panel website for more information
or use the QR code to report a concern
<https://panel.cymru>

our local SAFEGUARDING COORDINATOR is:

You're not on your own!

There is lots of help, information and support available ...



Contact us


01745 817584

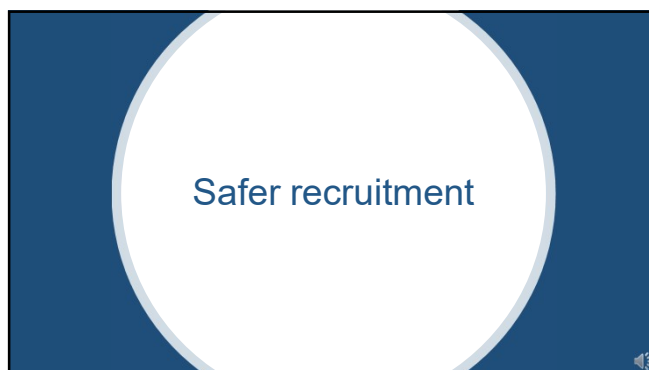
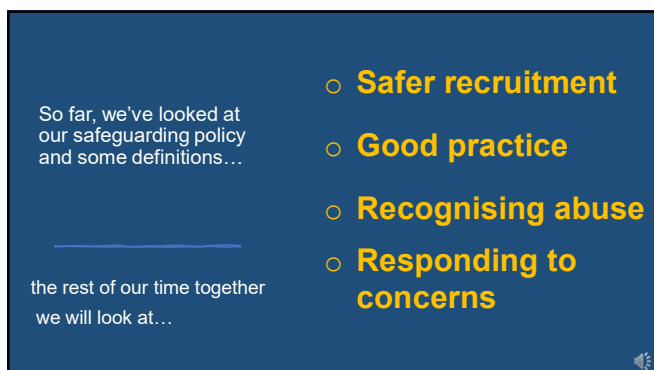
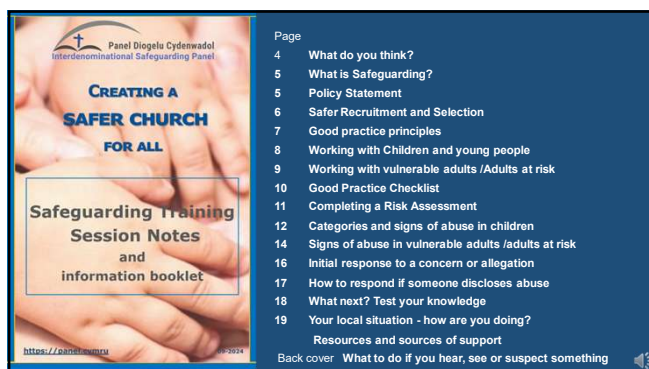
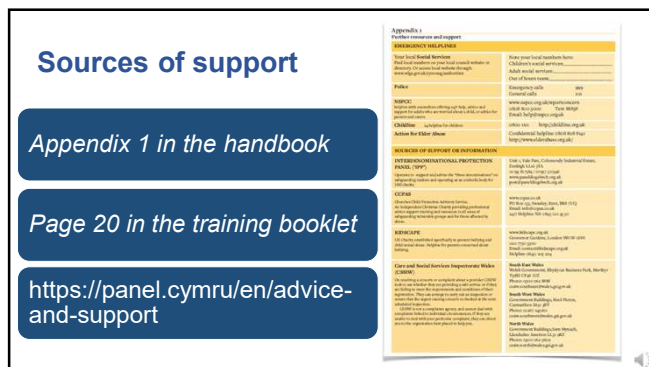
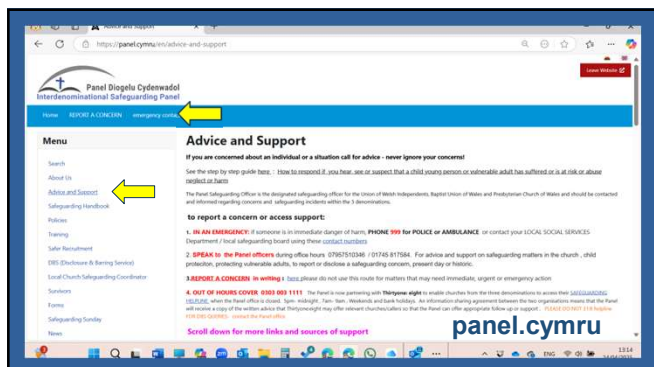
07957 510346

post@panel.cymru

<https://panel.cymru>

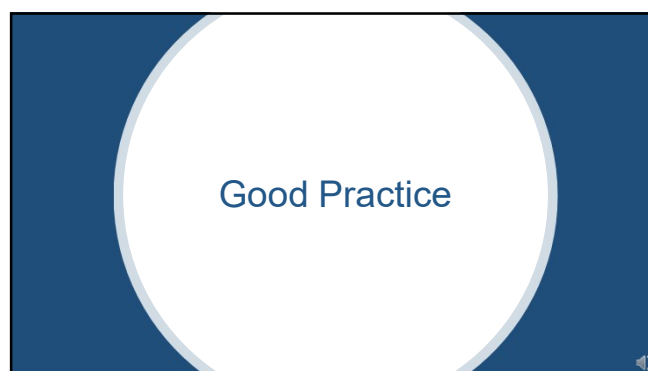
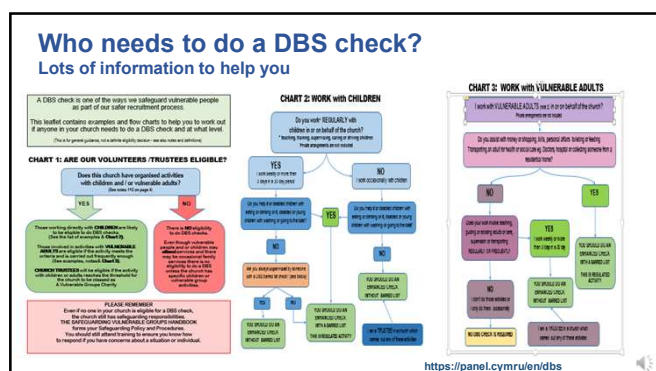
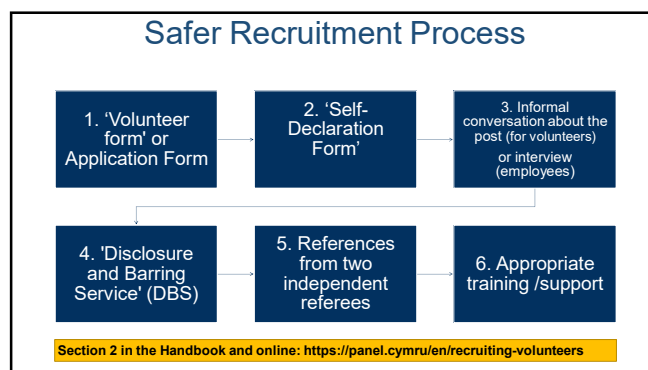
Interdenominational Safeguarding Panel





SAFER RECRUITMENT

More than just a DBS...



GOOD PRACTICE

is key to creating a SAFE ENVIRONMENT and PREVENTING things from going wrong

The information booklet Section 3 and 4 of the handbook

Good Practice Principles

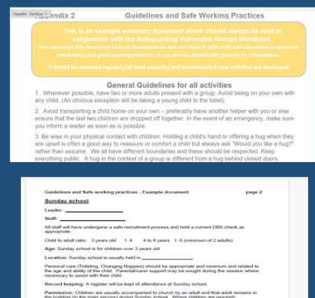
ensure that...

Section 3 and 4 of the handbook

- Everyone understands local guidelines and procedures.
- All are listened to and treated with dignity and respect.
- Activities are carefully planned – including risk assessment
- Transparency and openness is promoted where all feel free to ask for help.
- Always be mindful of your own safety.

Clear Guidelines

- Don't depend on common sense.
- Carefully plan and make sure all volunteers understand the relevant policies.
- Create your own specific guidelines using Appendix 2
- Make sure your volunteers have read and understood the code of conduct Appendix 2a



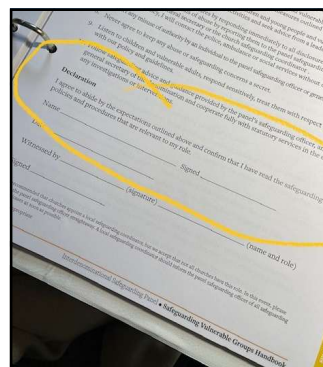
Handbook appendix 2 :
guidelines and safe practice

Appendix 2a CODE of CONDUCT

Helps a volunteer to understand their safeguarding role and responsibilities

States what an individual should do if they have a concern

Creates a record of commitment



Good Practice Checklist



RISK ASSESSMENTS
buildings and situations



PAPERWORK- photo
consent, information
forms etc. to help you
to understand the
children's needs



Enough safely
recruited helpers with
DBS checks where
needed. Code of
conduct appendix 2a

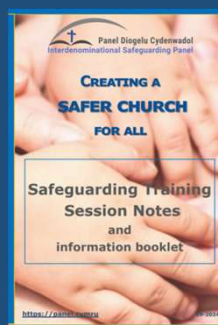


All understand
their
ROLE AND
RESPONSIBILITIES



PHONE SIGNAL in
case of emergency

Page 11 in booklet



Try this GROUP WORK idea...

Look at the list of good practice principles
in the booklet. Read page 8-10

Page 9 for CHILDRENS WORK
Page 10 for VULNERABLE ADULTS

1. Does anything stand out or hasn't occurred to you before?
or
2. Choose one that you think is particularly important and explain why.

Write your answers on Page 8



Touch



- It is an essential part of everyday life and an important way to convey affection and warmth but always needs to be:
- Age appropriate and related to the needs of the child - not the worker
- Respect different boundaries – ask
- Not behind closed doors!
- Accountable and transparent

Handbook Section 3.1 p 28
good practice when working with children

Technology

Handbook section 3.3 Page 41-44

- Follow safe principles and practices when using technology or social media
- Ensure you behave transparently and accountably at all times.
- Ensure you have clear local guidance about communicating electronically with young people that all your children and youth workers have read and understood



Photos and filming

- You should always follow your photographs and images policy.
- Do not take photos with your personal phones or for personal use
- Permission must be sought before any photos are taken and used.
- Make sure this is included on the booking form / registration form



See Handbook Section 3.3 p 38
and Appendix 8 Using and sharing images of children

Open the book

- The Open Book safeguarding policy and church safeguarding policies work together e.g. DBS
- Also need to comply with school safeguarding policy – report on concerns about children to school
- Concerns about volunteers should be reported to the Panel



<https://www.biblesociety.org.uk/get-involved/open-the-book/get-started/otb-safeguarding-information/>

MYTHS ABOUT ABUSE

Are the following statements

TRUE or FALSE



Myths about abuse

1. Abuse is usually carried out by someone known to the victim **TRUE**
2. The most common type of abuse is physical **FALSE**
3. If a vulnerable adult does not tell someone about the abuse taking place, it cannot be serious. **FALSE**
4. Children often lie about abuse **FALSE**
5. If social services become involved, children are usually removed from their homes **FALSE**

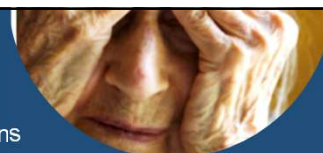
RECOGNISE



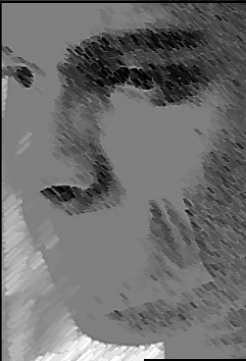
RECOGNISING
ABUSE
HARM
&
NEGLECT

WHY do we need to
RECOGNISE the signs
of abuse?

Children and vulnerable people are often
unable, or unwilling to seek help directly



RECOGNISE




Can you think of some reasons why people don't disclose abuse?

- They may feel they are to blame /feel ashamed/ feel guilty
- Afraid of any consequences- causing trouble, making it worse
- Don't recognise it as abuse
- Perhaps unable to communicate effectively
- isolation

Barriers to disclosure

- afraid of negative reactions from parents, carers, peers and professionals
- concerned about confidentiality
- too embarrassed to talk to about a private or personal problem
- Fear they will not be taken seriously
- lack trust in the people around them or in the services provided to help them
- find formal procedures overwhelming
- Don't know/ unable to access support services available to them



(Allnock and Kiff, 2023; Mental Health Foundation and Camelot Foundation, 2006)

WHO ABUSES CHILDREN OR VULNERABLE ADULTS?

ANYONE

ON-LINE

ANYWHERE

WHERE? CAN ABUSE OR NEGLECT HAPPEN?

What is ABUSE and HARM?

It's a violation of human rights and it puts someone at risk or impacts their quality of life

It can occur once or repeatedly

HARM means abuse or the impairment of physical or mental health, or physical, intellectual, emotional, social or behavioural development.

RECOGNISE

ABUSE can be...

PHYSICAL - SEXUAL
EMOTIONAL / PSYCHOLOGICAL,
-NEGLECT - FINANCIAL - INSTITUTIONAL

intentional or the result of ignorance or lack of training

someone **failing to prevent** a child or adult being harmed

RECOGNISE

What is neglect ?

A child or vulnerable person depends on others for care and to meet their **physical, emotional, social or psychological needs**

NEGLECT is the ongoing failure to meet these needs

- They may be left hungry or dirty, without proper clothing, shelter, supervision or health care.
- It can have serious long-term effects on their physical and mental wellbeing.
- It may or may not be deliberate
- It is the most common form of abuse



Abuse also includes...



RECOGNISE

See appendix 9

Signs of abuse

Many of the signs that a child or vulnerable adult is being abused are similar regardless of the type of abuse.

ANYONE WORKING WITH CHILDREN OR VULNERABLE PEOPLE NEEDS TO BE ABLE TO RECOGNISE THE SIGNS

Possible signs of abuse in CHILDREN



www.nspcc.org.uk/what-is-child-abuse/spotting-signs-child-abuse/

Unexplained changes in behaviour or personality

becoming withdrawn, anxious, or depressed

knowing about 'adult issues' inappropriate for their age

Poor bond or relationship with parent or carer

Becoming uncharacteristically aggressive

concerning behaviour from adults who are caring for children

Always choosing clothes that cover their body

running away or regularly going missing from home or care

not receiving adequate medical attention after injuries.

These behaviours may have other explanations but should not be ignored

Categories and possible signs of abuse

CHILDREN

- Physical
- Sexual
- Emotional
- Neglect

Type	Definition	Possible signs
PHYSICAL ABUSE	Physical abuse involves hitting, shaking, throwing, poisoning, scalding, withholding necessary clothing, food and/or other forms of causing physical injury to a child. It is also neglect where a parent or carer permits that child to be in a dangerous or unsafe environment or intentionally causes a child to become ill. This is often described as being cruel or 'Munchausen Syndrome by proxy'.	<ul style="list-style-type: none"> • Injuries not consistent with the explanation given for them • Injuries to places on the body not normally exposed to falls, rough play etc. • Injuries that have not received medical attention • Behaviour that suggests fear or attempts to please or minimise • Behaviour where self-harm or self-harm is used as a coping mechanism • Bruises or marks on the face, neck, arms, legs, buttocks, etc. which do not have an accident explanation • Consistent behaviour change?
SEXUAL ABUSE	Sexual abuse means forcing or encouraging a child or young person to participate in sexual activity whether the child knows what is happening or otherwise. This includes touching the child, including penetration or contact which does not involve penetration.	<ul style="list-style-type: none"> • Any allegations made concerning sexual abuse • Behaviour inconsistent with sexual nature and described as inappropriate or sexual • Knowledge of adult sexual behaviour • Inappropriate sexual activity through words, play or drawing • Child does not want to participate or refuses to do so • Inappropriate behaviour during arrangements to have • Sexual abuse disclosures with fear, distress, emotional distress or aggression • Being involved in sexual, 'buddy'

Possible signs of abuse in VULNERABLE ADULTS

physical signs of abuse, such as bruises, wounds, and other untreated injuries

sudden changes in their normal character, such as appearing becoming quiet and withdrawn

the same injuries happening more than once

being aggressive or angry for no obvious reason

not wanting to be left on their own or with particular people

being unusually light-hearted and insisting there's nothing wrong

looking unkempt, dirty or thinner than usual

www.ageuk.org.uk/
www.werehourglass.cymru/wales



These behaviours may have other explanations but should not be ignored

If you HEAR, SEE or SUSPECT that a CHILD or VULNERABLE ADULT has suffered, or is at risk of suffering ABUSE, NEGLECT or HARM

Make a careful note of what you have been told or what you have seen or suspect

999 If someone is in **IMMEDIATE DANGER**: Contact the police or social services duty team without delay

? For all other concerns: **SEEK ADVICE**

Panel safeguarding officer
07957510346
Out of hours contact Thirtyone: eight
0303 003 1111

Or visit our website for more sources of support
<https://panel.cymru/en/advice-and-support>

Advice If in doubt — call to get advice
Don't assume that someone else will take action or that the situation is not serious enough to act.
It's not up to you or the church to decide whether abuse has occurred

In each case let the Interdenominational Safeguarding Panel know about the situation and the actions you have taken

HOW TO RESPOND TO A CONCERN Page 16
in your booklet

MAKE NOTES AS SOON AS POSSIBLE
write down what you have seen, been told or suspect.
Use exact words – what was said, when, and a description of any activity.

IS SOMEONE IN IMMEDIATE DANGER?

YES → **NO**

Contact
Emergency Services
Call 999 – ambulance, police or contact Social Services immediately.

Get advice: contacts at the back of the booklet
Interdenominational Safeguarding Panel (01745 817584)
Or your local social services department
The following offer independent advice, have a website and a confidential helpline service:
31:8 (0303 003 1111); NSPCC (0800 8005000)
Hourglass (0800 808 8141)

NEW OUT-OF-HOURS SERVICE
0303 003 1111

 **thirtyone:eight**
Creating safer places. Together.

 After 5pm and until midnight, 7am to 9am

 Weekends, bank holidays

 Starting in March 2024

 Details on our website

SAFEGUARDING in this Church
...we take it seriously

If you have concerns about a child or vulnerable adult or need safeguarding help, information or advice

Panel Diogelu Cydenwadol
Interdenominational Safeguarding Panel
01745 817584 / 07957 510346
post@panel.cymru

Out of office hours (and weekends)
call the thirtyone: eight helpline
0303 003 1111 

IN AN EMERGENCY - CALL 999
Visit the Panel website for more information
or use the QR code to report a concern
<https://panel.cymru>

our local SAFEGUARDING COORDINATOR is:

There is always help and advice available

During Office hours

Out of Office hours/ weekends / Bank holidays

Report a concern in writing

DURING OFFICE HOURS
Safeguarding Officer:
07957510346 Julie
Or the Panel Office:
01745 817584 Sian

OUT OF HOURS
Thirtyone: eight
Helpline for safeguarding advice and support
0303 003 1111

If you HEAR, SEE or SUSPECT that a CHILD, YOUNG PERSON or VULNERABLE ADULT has suffered, or is at risk of ABUSE, NEGLECT or HARM

MAKE A CAREFUL NOTE of what you have been told or what you have seen or suspect

999 If someone is in **IMMEDIATE DANGER**: contact the police, ambulance or social services duty team without delay

? For all other concerns: **SEEK ADVICE**

PANEL SAFEGUARDING OFFICER: 07957510346
For out of office hours advice call the THIRTYONE:EIGHT HELPLINE: 0303 003 1111

Or visit our website for more sources of support
<https://panel.cymru/en/advice-and-support>

Advice If in doubt — call to get advice
Don't assume that someone else will take action or it's not serious enough to take action.
It's not up to you or the church to decide if abuse has taken place

In all cases let the Interdenominational Safeguarding Panel office know about the situation and actions you have taken

If you are concerned about an individual or a situation, call for advice

During office hours (9-5) please contact the Panel officers
01745 817584 / 07957 510346
post@panel.cymru <https://panel.cymru>

Panel Diogelu Cydenwadol
Interdenominational Safeguarding Panel

Outside of office hours for urgent advice call:
0303 003 1111

 **thirtyone: eight**

The Panel now has an out of office support agreement with thirtyone: eight covering evenings, weekends and bank holidays. Please contact their safeguarding helpline for advice reporting Interdenominational Safeguarding Panels. Please do not contact thirtyone: eight with any OOB queries.

*We will not send you urgent safeguarding concerns

IF SOMEONE REVEALS ABUSE TO YOU.

Please be patient and show understanding

Listen carefully

Show acceptance of what they say by repeating short words or phrases

You should reassure the person that they are doing the right thing by disclosing

If they are in serious danger, contact the Police or Social Services immediately

Make detailed notes as soon as possible.



Page 17 in your booklet

DO NOT

- promise to keep any abuse a secret
- question the individual.
- express shock or disbelief.
- discuss the matter with the person accused or suspected of the crime.
- investigate any of the allegations or disclosures yourself.



Page 17
in your booklet

Helpful or unhelpful response?

1. Thank you for telling me ✓	2. I promise I won't tell anyone else ✗	3 Take your time. ✓	4. You were right to tell me about this ✓
5. It wasn't your fault ✓	6. I can't believe that – you must be mistaken ✗	7. They must have thought it was what you wanted ✗	8. Is there anyone you'd like me to call? ✓
9. As Christians we should forgive and forget ✗	10. (name) is our safeguarding lead they can help us ✓	11. Don't say another word! I'm not the right person to talk to ✗	12. I'll have a word – I'm sure we can make this go away ✗

Dewi (12)

Dewi attends the youth group. He is a happy and confident child who loves making everyone laugh.

Recently he has been rather withdrawn and this week he seemed to be winning visibly at every touch while the children were playing tag. He seemed much more himself by the end of the session.

You noticed he looks nervous, almost scared when his dad comes to collect him. You've known the family well for years and are sure they would never hurt their own children

List the things you have noticed which you are concerned about ?
WHAT SHOULD YOU DO NEXT?

MARGARET

List the things you are concerned about ?
WHAT SHOULD YOU DO NEXT?

You visit Margaret, an elderly church member and neighbour every week. Her husband died last year and she's not very mobile and is quite forgetful. You do some shopping and keep her company.

Her daughter also visits weekly and takes care of her finances etc. You often hear shouting when her daughter calls.

Recently you notice that the post is unopened and that there is no money to pay for the shopping. Margaret also seems much less chatty.

You asked her if everything is alright and she says she's doesn't want to be a nuisance and her daughter works very hard.

Reporting

It's not up to you or the church to decide if the abuse has occurred or not.

Your responsibility is to report the concern to the appropriate person



RESPOND

The Social Services and Well-being (Wales) Act 2014 s.128, specifies the duty placed on practitioner 'relevant partners' to report both adults and children if they have reasonable cause to suspect are at risk of harm.

All those whose agencies are not included as 'relevant partners' above, are still expected to refer any safeguarding concerns in the same way as those with a specific Duty to Report.



Look after yourself

ADVICE AND SUPPORT
[HTTPS://PANEL.CYMRU/EN/ADVICE-AND-SUPPORT](https://panel.cymru/en/advice-and-support)

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3 key takeaways

Safeguarding is everyone's responsibility

Think the unthinkable

Never be worried to ask for help

A pink banner with the text "SAFEGUARDING SUNDAY" in large, white, hand-drawn letters. Below the text is a dark blue rectangle with the year "2025" in white. The banner is tilted and has a soft shadow.

16th
November
2025

<https://panel.cymru/en/safeguarding-sunday>

Remember
we're here to
help...

post@panel.cymru



**thank
you!**