




Creating a SAFER CHURCH for all

SAFEGUARDING TRAINING
Level 1

10/24

Panel Diogelu Cydenwadol
Interdenominational Safeguarding Panel

Course aim

- To gain an understanding of safeguarding and protecting children and vulnerable adults in your church context
- Know where to go for advice and support
- Know how to respond to concerns

Learning objectives

By the end of this session, you should know more about ...


1. Your church safeguarding policy and guidelines
2. Where to find more information and support
3. Safer recruitment and good practice principles
4. The signs and indicators of abuse and neglect
5. How to respond to concerns

The Interdenominational Safeguarding Panel and your church...

Who are we?

The Panel was formed by the
THE PRESBYTERIAN CHURCH OF WALES,
THE UNION OF WELSH INDEPENDENTS,
THE BAPTIST UNION OF WALES to:

- Provide safeguarding support and advice – including policy, guidelines and safeguarding training
- Facilitate DBS checks for the three denominations
- Julie - the Panel Safeguarding Officer, is the Safeguarding lead officer for the three denominations and should be informed of all safeguarding matters.



Look after yourself

- Images or memories that upset you
- Take a break
- Advice and support
<https://panel.cymru/en/advice-and-support>



What does a SAFER CHURCH look like?

5 Key Safeguarding Principles



“Safeguarding should be a governance priority for every charity”

www.gov.uk/guidance/safeguarding-duties-for-charity-trustees

Appendix 7 CHARITY TRUSTEES

Share information about trustee safeguarding responsibilities.

Clear guidance on how to comply with safeguarding policy and Charity Commission expectations.

<https://panel.cymru/en/safeguarding-vulnerable>

Safeguarding is...

PROTECTING vulnerable people from abuse, neglect and harm.

RECOGNISING the signs and symptoms of abuse and **RESPONDING** appropriately.

It is **PREVENTATIVE** as well as **PROTECTIVE** and involves **PROVIDING SAFE ACTIVITIES** and **APPROPRIATE CARE**.

What makes someone more VULNERABLE or AT RISK?

- Lack of capacity and understanding
- Poor organisational practices
- Communication difficulties /no verbal communication
- Low level of self-esteem / self-worth
- "Institutionalised" or a looked after child
- Domestic violence
- Carers who misuse drugs/alcohol
- Carers with mental health problems
- Disability
- Isolated family or individual

A Child at risk

is a child who:

- is experiencing or is at risk of abuse, neglect or other kinds of harm
- and
- has care and support needs (whether or not the local authority is meeting those needs)

An Adult at risk

is someone (18 years or over) who:

- is experiencing, or is at risk of abuse or neglect
- and
- has care and support needs (whether or not the local authority is meeting any of those needs)
- and
- as a result of those needs is unable to protect themselves against abuse or neglect or the risk of it

Social Services and Social and Well-being Act (Wales) 2014 Section 26(1)



What is our Framework?

Our policy and procedures

Welsh / UK legislation and procedures

Social Services and Wellbeing (Wales) Act 2014

Wales Safeguarding Procedures 2020

Other legislation e.g.:

- Children Act 1989 and 2004
- UNCRC 1989 1989
- Human rights Act 1998
- Protection of Freedoms Act 2012
- Safeguarding Vulnerable Groups Act 2006
- The Rehabilitation of Offenders Act 1974
- Data Protection Act 2018 & GDPR UK

Union of Welsh Independents, Baptist Union of Wales & the Presbyterian Church of Wales

Safeguarding Vulnerable Groups Handbook

A practical guide to the churches' policy and practice when working with children and young people, and vulnerable adults

Panel Ddiogel Cymru
Iddi-Disymudol Safeguarding Panel

Our policy and procedures:

PROTECTING

- Understanding the signs and symptoms
- Know how to respond
- Know where to turn for support

PROVIDING SAFE ACTIVITIES & PREVENTING HARM

- Working in line with best practice with vulnerable groups
- Safer recruitment and selection practices

Union of Welsh Independents, Baptist Union of Wales & the Presbyterian Church of Wales

Safeguarding Vulnerable Groups Handbook

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In the Handbook...

1. Introduction
2. Safer Recruitment and Selection
3. Children and Young People
4. Vulnerable Adults
5. Pastoral Care
6. Appendices
7. Forms

Our Safeguarding Policy Statement

The church will care for and safeguard children, young people and vulnerable adults by following good practice in relation to the following:

1. Responding appropriately to concerns and allegations
2. Safer recruitment of workers and volunteers
3. Train and support their workers and volunteers in their role and in protecting vulnerable groups
4. Promoting good working practices and creating a safe environment

page 9

Our Safeguarding Policy Statement

Local Church Safeguarding Policy Statement new

- This is in line with best practice and helps you to meet charity commission and insurance company requirements
- new format - to help you to raise awareness and promote safeguarding locally.
- contains description of safeguarding roles and responsibilities in the panel and local church.
- Available in the 2022 handbook section 1 and online <https://panel.cymru/en/policies-and-information>

Our Safeguarding Policy Statement

We believe and commit to... which we will fully implement for safeguarding the welfare of our members and those entrusted to our care. The safeguarding policy statement along with the guidelines and procedures outlined in the Safeguarding Vulnerable Groups Handbook, forms our safeguarding policy and procedures. We acknowledge that children, young people and adults can be the victims of abuse and neglect and we recognise our obligation to ensure their safety in the activities carried out in the name of this church. We also recognise a duty to report any such incidents and to cooperate fully with the appropriate authorities. We will also ensure that all those who are entrusted with the care of children and vulnerable people are properly trained and supervised. We will also ensure that all those who are entrusted with the care of children and vulnerable people are properly trained and supervised. We will also ensure that all those who are entrusted with the care of children and vulnerable people are properly trained and supervised.

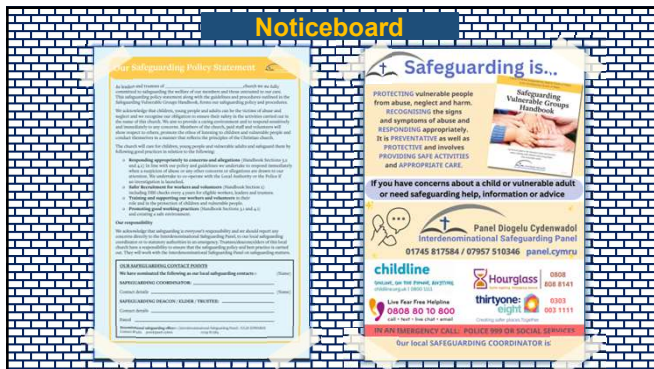
OUR SAFEGUARDING CONTACTS

We have identified the following as our local safeguarding contacts:

SAFEGUARDING COORDINATOR: (Name) (Phone)

SAFEGUARDING DEACON / ELDER / TRUSTEE: (Name) (Phone)

**Panel Ddiogel Cymru
Iddi-Disymudol Safeguarding Panel**

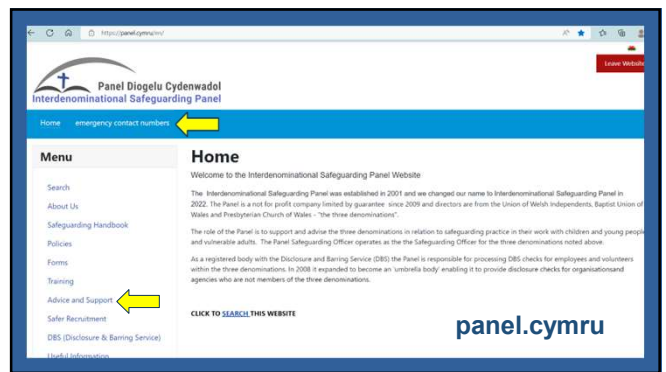


Contact us

01745 817584
07957 510346

post@panel.cymru
<https://panel.cymru>

Interdenominational Safeguarding Panel



Sources of support

Appendix 1 in the handbook

Page 20 in the training booklet

<https://panel.cymru/en/advice-and-support>

Panel Diogelu Cydenwadol Interdenominational Safeguarding Panel

CREATING A SAFER CHURCH FOR ALL

Training Session Notes

Name _____

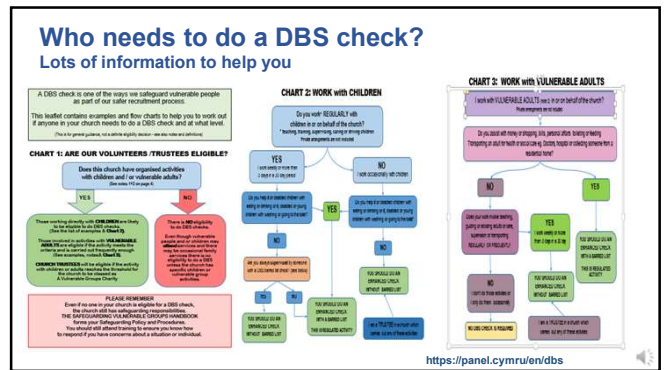
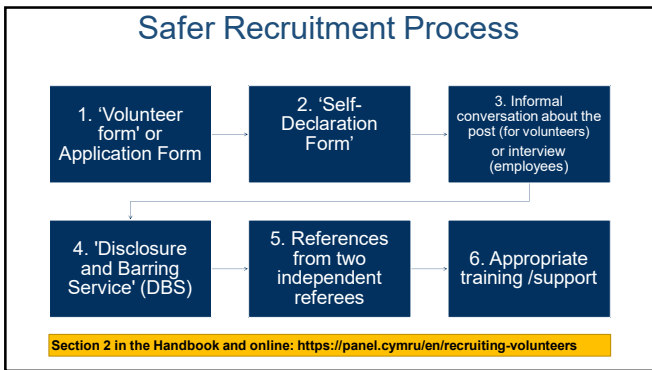
Page	Content
4	What do you think?
5	What is Safeguarding?
5	Policy Statement
6	Safer Recruitment and Selection
7	Good practice principles
8	Working with Children and young people
9	Working with vulnerable adults /Adults at risk
10	Good Practice Checklist
11	Completing a Risk Assessment
12	Categories and signs of abuse in children
14	Signs of abuse in vulnerable adults /adults at risk
16	Initial response to a concern or allegation
17	How to respond if someone discloses abuse
18	What next? Test your knowledge
19	Your local situation - how are you doing?
	Resources and sources of support
Back cover	What to do if you hear, see or suspect something

So far, we've looked at our safeguarding policy and some definitions...

- Safer recruitment
- Good practice
- Recognising abuse
- Responding to concerns

the rest of our time together we will look at...

Safer recruitment



Good Practice

GOOD PRACTICE

is key to creating a SAFE ENVIRONMENT and PREVENTING things from going wrong

The information booklet

Section 3 and 4 of the handbook

Good Practice Principles ensure that...

Section 3 and 4 of the handbook



Everyone understands local guidelines and procedures.



All are listened to and treated with dignity and respect.



Activities are carefully planned – including risk assessment



Transparency and openness is promoted where all feel free to ask for help.



Always be mindful of your own safety.

Some key principles as outlined in the Social Services and Well-being (Wales) Act 2014

Voice and control

- Make sure you always give the individual a voice in their care and control over how they reach positive outcomes.

Prevention and early intervention

- Act to prevent escalation of issues.

children **listen** **ADVICE**
PROTECT **support** **safeguarding**
SAFE **TEAM** **honor** **PERMISSION**
care **disclosure** **RESPECT** **reference**
PANEL **visiting** **PROTECT** **honor**
volunteers **pastoral care** **regulated activity** **DBS** **team**
vulnerable adult

Handbook Section 4.1 p48
good practice when working with vulnerable adults

Clear Guidelines

- Don't depend on common sense.
- Carefully plan and make sure all volunteers understand the relevant policies.
- Create your own specific guidelines using Appendix 2
- Make sure your volunteers have read and understood the code of conduct Appendix 2a

Handbook appendix 2 : guidelines and safe practice

Appendix 2a CODE OF CONDUCT

Helps a volunteer to understand their safeguarding role and responsibilities

States what an individual should do if they have a concern

Creates a record of commitment

Good Practice Checklist



RISK ASSESSMENTS
buildings and situations



PAPERWORK— photo consent, information forms etc. to help you to understand the children's needs



Enough safely recruited helpers with DBS checks where needed. Code of conduct appendix 2a



All understand their **ROLE AND RESPONSIBILITIES**



PHONE SIGNAL in case of emergency



End of session arrangements

Page 11 in booklet

Try this GROUP WORK idea...

Look at the list of good practice principles in the booklet. Read page 8-10

Page 9 for **CHILDRENS WORK**
 Page 10 for **VULNERABLE ADULTS**

1. Does anything stand out or hasn't occurred to you before?
or
2. Choose one that you think is particularly important and explain why.

Write your answers on Page 8



Touch


- It is an essential part of everyday life and an important way to convey affection and warmth but always needs to be:
- Age appropriate and related to the needs of the child - not the worker
- Respect different boundaries – ask
- Not behind closed doors!
- Accountable and transparent

Handbook Section 3.1 p 28
good practice when working with children

Handbook section 3.3 Page 41-44

Technology

- Follow safe principles and practices when using technology or social media
- Ensure you behave transparently and accountably at all times.
- Ensure you have clear local guidance about communicating electronically with young people that all your children and youth workers have read and understood



Photos and filming



- You should always follow your photographs and images policy.
- Do not take photos with your personal phones or for personal use
- Permission must be sought before any photos are taken and used.
- Make sure this is included on the booking form / registration form



See Handbook Section 3.3 p 38
and Appendix 8 Using and sharing images of children

Open the book

- The Open Book safeguarding policy and church safeguarding policies work together e.g. DBS
- Also need to comply with school safeguarding policy – report on concerns about children to school
- Concerns about volunteers should be reported to the Panel

<https://www.biblesociety.org.uk/get-involved/open-the-book/get-started/otb-safeguarding-information/>

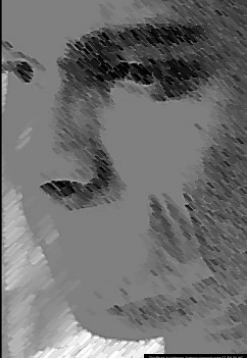
RECOGNISING ABUSE HARM & NEGLECT

WHY do we need to RECOGNISE the signs of abuse?

Children and vulnerable people are often unable, or unwilling to seek help directly




RECOGNISE



Can you think of some reasons why people don't disclose abuse?

- They may feel they are to blame
- They may feel guilty
- Afraid of any consequences
- Don't recognise it as abuse
- Perhaps unable to communicate effectively

Myths about abuse

1. Abuse is usually carried out by someone known to the victim **TRUE**
2. The most common type of abuse is physical **FALSE**
3. If a vulnerable adult does not tell someone about the abuse taking place, it cannot be serious. **FALSE**
4. Children often lie about abuse **FALSE**
5. If social services become involved, children are usually removed from their homes **FALSE**

RECOGNISE 

WHO ABUSES CHILDREN OR VULNERABLE ADULTS?

ANYONE



ON-LINE

ANYWHERE

WHERE? CAN ABUSE OR NEGLECT HAPPEN?



What is ABUSE and HARM?

It's a violation of human rights and it puts someone at risk or impacts their quality of life

It can occur once or repeatedly

HARM means abuse or the impairment of physical or mental health, or physical, intellectual, emotional, social or behavioural development.

RECOGNISE 


ABUSE can be...

PHYSICAL - SEXUAL - EMOTIONAL or PSYCHOLOGICAL, FINANCIAL - INSTITUTIONAL

intentional or the result of ignorance or lack of training

someone **failing to prevent** a child or adult being harmed

NEGLECT is a failure to meet a person's basic needs

RECOGNISE 

What is neglect ?

A child or vulnerable person depends on others for care and to meet their physical, emotional, social or psychological needs

NEGLECT is the ongoing failure to meet these needs

- They may be left hungry or dirty, without proper clothing, shelter, supervision or health care.
- It can have serious long-term effects on their physical and mental wellbeing.
- It may or may not be deliberate
- It is the most common form of abuse



Abuse also includes...



RECOGNISE

See appendix 9

Signs of abuse

Many of the signs that a child or vulnerable adult is being abused are similar regardless of the type of abuse.

ANYONE WORKING WITH CHILDREN OR VULNERABLE PEOPLE NEEDS TO BE ABLE TO RECOGNISE THE SIGNS

Possible signs of abuse in CHILDREN



www.nspcc.org.uk/what-is-child-abuse/spotting-signs-child-abuse/

- Unexplained changes in behaviour or personality
- becoming withdrawn, anxious, or depressed
- knowing about 'adult issues' inappropriate for their age
- Poor bond or relationship with parent or carer
- Becoming uncharacteristically aggressive
- concerning behaviour from adults who are caring for children
- Always choosing clothes that cover their body
- running away or regularly going missing from home or care
- not receiving adequate medical attention after injuries.

These behaviours may have other explanations but should not be ignored

Categories and possible signs of abuse

CHILDREN

- Physical
- Sexual
- Emotional
- Neglect

Type	Definition	Possible signs
PHYSICAL ABUSE	Physical abuse involves hitting, shaking, throwing, poisoning, scalding with hot liquids, burning, forcing or other forms of causing physical injury to a child. It also happens when a parent or carer punishes a child in a damaging way, or when a child is harmed or intimidated because of their race, religion, or ethnicity. This includes forcing a child to take part in dangerous activities, such as 'Trampy Drive', the game of 'Manic Street Preachers by game'.	<ul style="list-style-type: none"> • Injuries not consistent with the explanation given for them • Injuries to places on the body not normally exposed to fall, rough play etc. • Injuries that have not received medical attention • Injuries to clothing, hair, or accessories in places of rubbing • Bruises, abrasions, lacerations or unexplained bruising • Swelling or bruising, bites, scratches, etc. which do not have an explained explanation • Children who behave abnormally
SEXUAL ABUSE	Sexual abuse involves forcing or encouraging a child or young person to participate in sexual activity whether the child is aware of what is happening or not. This includes touching the child, holding, penetration or contact which does not involve penetration.	<ul style="list-style-type: none"> • Any allegations made concerning sexual abuse • Disclosure of sexual activity with sexual partners and detailed knowledge of adult sexual behaviour • Inappropriate sexual activity through words, play or drawing • Child is sexually penetrated or coerced into sexual activity • Inappropriate behaviour • Inappropriate behaviour with family, friends, school staff, neighbours, etc. • Being involved in sexual, 'blatant', 'blatant'

Possible signs of abuse in VULNERABLE ADULTS

- physical signs of abuse, such as bruises, wounds, and other untreated injuries
- sudden changes in their normal character, such as appearing becoming quiet and withdrawn
- the same injuries happening more than once
- being aggressive or angry for no obvious reason
- not wanting to be left on their own or with particular people
- being unusually light-hearted and insisting there's nothing wrong
- looking unkempt, dirty or thinner than usual
- www.ageuk.org.uk/
www.waerehourglass.cymru/wales



These behaviours may have other explanations but should not be ignored

HOW TO RESPOND TO A CONCERN Page 16
in your booklet

MAKE NOTES AS SOON AS POSSIBLE
write down what you have seen, been told or suspect.
Use exact words – what was said, when, and a description of any activity.

IS SOMEONE IN IMMEDIATE DANGER?

YES ← **NO**

Contact Emergency Services
Call 999 – ambulance, police or contact Social Services immediately.

Get advice: contacts at the back of the booklet
Interdenominational Safeguarding Panel (01745 817584)
Or your local social services department
The following offer independent advice, have a website and a confidential helpline service:
31:8 (0303 003 1111); NSPCC (0808 8005000)
Hourglass (0808 808 8141)

NEW OUT-OF-HOURS SERVICE
0303 003 1111

thirtyone:eight
Creating safer places. Together.

 After 5pm and until midnight, 7am to 9am

 Weekends, bank holidays

 Starting in March 2024

 Details on our website

DURING OFFICE HOURS
Safeguarding Officer:
07957510346 Julie
Or the Panel Office:
01745817584 Sian

OUT OF HOURS
Thirtyone:eight
Helpline for emergency advice
0303 003 1111

If you HEAR, SEE or SUSPECT that a CHILD, YOUNG PERSON or VULNERABLE ADULT has suffered, or is at risk of ABUSE, NEGLECT or HARM

MAKE A CAREFUL NOTE of what you have been told or what you have seen or suspect

999 If someone is in **IMMEDIATE DANGER**, contact the police, ambulance or social services duty team without delay

FOR ALL OTHER CONCERNS SEEK ADVICE

PANEL SAFEGUARDING OFFICER: 07957510346
For out of office hours advice call the **THIRTYONE:EIGHT HELPLINE: 0303 003 1111**

Or visit our website for more sources of support <https://panel.cymru/en/advice-and-support>

IF IN DOUBT — CALL TO GET ADVICE
Don't assume that someone else will take action or it's not serious enough to take action.
It's not up to you or the church to decide if abuse has taken place

Advice
In all cases let the Interdenominational Safeguarding Panel office know about the situation and action you have taken

If you are concerned about an individual or a situation, call for advice

During office hours (9-5) please contact the Panel officers
01745 817584 / 07957 510346
post@panel.cymru* <https://panel.cymru>

Panel Diogelu Cydenwadol
Interdenominational Safeguarding Panel

Outside of office hours for urgent advice call:
0303 003 1111

thirtyone:eight
Creating safer places. Together.

The Panel now has an out of office support agreement with thirtyone:eight covering evenings, weekends and bank holidays.
Please contact their safeguarding helpline for advice during Interdenominational Safeguarding Panel.
Please do not contact thirtyone:eight with any OHS queries

*We will not email for urgent safeguarding concerns

DO NOT

- promise to keep any abuse a secret
- question the individual.
- express shock or disbelief.
- discuss the matter with the person accused or suspected of the crime.
- investigate any of the allegations or disclosures yourself.



Page 17
in your booklet

IF SOMEONE REVEALS ABUSE TO YOU.

Please be patient and show understanding


Listen carefully

Show acceptance of what they say by repeating short words or phrases

You should reassure the person that they are doing the right thing by disclosing

If they are in serious danger, contact the Police or Social Services immediately

Make detailed notes as soon as possible.




Page 17 in your booklet

Reporting

It's not up to you or the church to decide if the abuse has occurred or not.

Your responsibility is to report the concern to the appropriate person



RESPOND

What Next...?

The training session is over - but safeguarding carries on. You are invited through the questions and activities to the session. You are invited to...

1. Test your knowledge by considering the following questions and identifying responsibility in each case.

2. Check the CYPSP's Child Safeguarding Checklist for the body. How would you respond to each of the following questions? What would you do?

3. How well is your church safeguarding vulnerable groups? The best practice safeguarding checklist is available on the website.

The Safeguarding Checklist - self assessment (see Web)


1. How well is your church safeguarding vulnerable groups? The best practice safeguarding checklist is available on the website.

2. How well is your church safeguarding vulnerable groups? The best practice safeguarding checklist is available on the website.


3. How well is your church safeguarding vulnerable groups? The best practice safeguarding checklist is available on the website.

social care wales
e-learning
45mins
<https://panel.cymru/en/training>

What next?




3 key takeaways



Safeguarding is everyone's responsibility

Think the unthinkable

Never be worried to ask for help



Safeguarding Sunday

17th November 2024
Or choose another date

Go to the Panel Website for resources and information

<https://panel.cymru/en/safeguarding-sunday>

<https://panel.cymru/en/safeguarding-sunday>

<https://safeguardingsunday.org>

Remember we're here to help...

post@panel.cymru




<https://s.zoom.us/j/81193119311>
PITP3fwZ