

Changes to Regulated Activity with Children definition from 1st Sept

REMOVAL OF THE SUPERVISION EXEMPTION

Currently people who are always supervised when working with children are not considered to be in regulated activity.

THIS WILL CHANGE ON SEPTEMBER 1ST 2026!

From **1 September 2026**, workers or volunteers who teach, supervise, instruct or care for children frequently or intensively (weekly, three or more times in 30 days, or overnight between 2 am and 6 am) will be in Regulated Activity with children, **whether or not they are supervised**. The rules for those already in Regulated Activity because they provide personal care remain unchanged. Those working infrequently will remain in non-regulated activity unless they are carrying out personal care.

How will this affect my church? Many people who work with children are currently unsupervised and therefore already in Regulated Activity. However, from 1 September 2026 those who work with children frequently and under supervision at all times will also now be classed as doing Regulated Activity with children and will require an enhanced DBS check with a check of a child barred list.

Will I need to submit a new application? All new applications from September will follow the new rules. For those who are now moving in to Regulated Activity from 1 September 2026 because of the changes above, you should assess the role's risks and apply for the appropriate level of check. Contact the [Panel](#) for advice if you are unsure.

Please note Regulated Activity is something that a barred individual cannot legally undertake. An individual who is barred from working with children is breaking the law if they try to do Regulated Activity and the organisation who allows them to do such work is also breaking the law.

You can read more about this on the Gov.uk website [Change to the definition of regulated activity with children from 1 September 2026 - GOV.UK](#)